



# CRESTA LODGE

**Issue 30 (4 monthly)**

**November 2018**

Hello and welcome to the last newsletter for 2018. The year has passed swiftly and we find ourselves looking forward to Christmas at Cresta Lodge.

## **STAFF AND TRAINING**

Training has continued throughout the summer with lots of refresher courses including moving and handling, infection control, safeguarding, first aid and medication. We would like to introduce and welcome new members of staff, namely, Tracey, Laura and most recently Martha.

## **SUMMER AT CRESTA LODGE**

Our summer fete held in June this year was a complete success raising over £500.00. Our thanks to Jill, the Cresta Lodge team and everyone who contributed to help make it a lovely event. All monies raised at our events go towards a lovely assortment of entertainment, outings and birthday presents for our residents. With such beautiful weather we were able to spend lots of time outside, especially gardening, which went very well this year. We managed to produce a sweet crop of tomatoes and tasty runner beans. We managed to grow the sunflowers and as we had planned, were able to hang the seed heads in the trees for the birds to enjoy! Gerry Morris has

regaled us with Irish music, singing very funny songs and gave us remarkable renditions on his tin whistle. In September we all enjoyed an afternoon of special treats when we held our strawberry tea party in the garden with Razzmatazz entertaining us with their music. We even enjoyed bubble blowing which brought back lots of fond memories for us and made us all laugh. Jill has introduced some new craft activities, our ladies have particularly enjoyed finger knitting, and even our gentleman had a try. Decorating jars was very successful and 'on trend'. We covered jars in tissue leaf shapes. When they dried they looked beautiful with lights inside and had pride of place at our harvest festival. Our Halloween festivities were exceptional. Staff decorated our lounge, carved a pumpkin and filled it with lights. Jill and the ladies made spooky ginger biscuits that were very tasty. We played 'pin the hat on the cat', pass the parcel, and 'Who am I' question game. We think that when Bons the Cockapoo visited he liked us as much as we liked him, probably because of the biscuits treats! His much enjoyed visit was followed by a dog quiz. We are trialling a reminiscence newspaper called 'The Daily Sparkle' Copies are at the front door. Please take

one if you will and read it with your family member. So far it has been successful and a great trigger for reminiscence either individually or in a group. We had good feedback at our recent residents meeting.

## **LOOKING FORWARD**

Alex Bass with his '**Natural world**' slide show is coming on the **12<sup>th</sup> November**

We have already started making Christmas decorations to sell at our **Christmas Fair on 30<sup>th</sup> November**, with mince pies, mulled wine, tombola, raffle and assorted games on offer!

**11<sup>th</sup> December** one of our many favourites **Roger Eno** will be visiting.

**19<sup>th</sup> December** '**can't sing, won't sing**' are coming to entertain us with Christmas carols and songs, we will have seasonal nibbles and refreshment.

**22<sup>nd</sup> December** it will be our **big day at Cresta Lodge, our residents Christmas party!** with entertainment and a visit from the man himself '**Santa**' who will have a lovely present for each of our residents. So please come along to one or all of our Christmas events and have some fun with your relatives and friends.

'Merry Christmas and a Happy New Year from Vicky and all the team at Cresta Lodge.